

OCTOBER TK MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	5	6	7	8	9
Snack	Cereal	Smoothie & Crackers, Raisins	Bagel & Cream Cheese Juice	Concha	Oatmeal Round
Lunch	Apple Crisps, Milk	Grilled Cheese Sandwich	Crispy Chicken Sandwich	Apple Crisps, Milk	Raisins, Milk
	Chicken Nuggets & Smiles	Broccoli & Cupped Fruit	Carrots & Apple Crisp	Taco Scooper	Chicken Drumstick & Hawaiian Roll
	Carrots & Apples	White Milk	White Milk	Tomatoes & Apples	Corn, Seasonal Fruit
	White Milk			White Milk	White Milk
	12	13	14	15	16
Snack	Cereal	Smoothie & Crackers, Raisins	Bagel & Cream Cheese Juice	Concha	Oatmeal Round
Lunch	Apple Crisps, Milk	Beef Taquitos	Cheese Pizza	Apple Crisps, Milk	Raisins, Milk
	Chicken Tenders & Potatoes	Broccoli & Cupped Fruit	Carrots & Apple Crisp	Pepperoni Stuffed Sandwich	French Toast Sticks w/ Sausage
	Carrots & Apples	White Milk	White Milk	Tomatoes & Apples	Corn, Seasonal Fruit
	White Milk			White Milk	White Milk
	19	20	21	22	23
Snack	Cereal	Smoothie & Crackers, Raisins	Bagel & Cream Cheese Juice	Concha	Oatmeal Round
Lunch	Apple Crisps, Milk	Hamburger	Pizza Crunchers	Apple Crisps, Milk	Raisins, Milk
	Chicken Drumstick w/ Macaroni & Cheese	Broccoli & Cupped Fruit	Carrots & Apple Crisp	Chicken & Waffles	Corn Dog & Crackers
	Carrots & Apples	White Milk	White Milk	Tomatoes & Apples	Corn, Seasonal Fruit
	White Milk			White Milk	White Milk
	26	27	28	29	30
Snack	Cereal	Smoothie & Crackers, Raisins	Bagel & Cream Cheese Juice	Concha	Oatmeal Round
Lunch	Apple Crisps, Milk	Fiesta Stuffed Sandwich	Pancakes w/ Sausage	Apple Crisps, Milk	Raisins, Milk
	Popcorn Chicken & Muffin	Broccoli & Cupped Fruit	Carrots & Apple Crisp	Hot Dog & Pretzels	Mozzarella Sticks w/ Marinara
	Carrots & Apples	White Milk	White Milk	Tomatoes & Apples	Corn, Seasonal Fruit
	White Milk			White Milk	White Milk